



DEPARTMENT OF HEALTH

Province of Kwazulu-Natal

TOWNHILL HOSPITAL

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Zane Wilson

South African Depression and Anxiety Group

RE: Donation of Speaking Books to Townhill Hospital

Townhill Hospital would like to express its appreciation to SADAG for the donation of the following Speaking Books for use with patients in our hospital:

- Aids and Depression (Zulu) – 10 books
- Understanding Mental Health -11 Zulu books and 1 English book
- Say No to Drugs (English) – 1 book

These books are a wonderful resource and will be a useful psychoeducational tool for our patients, many of whom are illiterate. The topics of the books are very relevant as substance abuse, AIDS and depression are common difficulties that our patients experience.

Thank you,

Dylan Evans
Senior Clinical Psychologist
Townhill Hospital